August 8th 2-6pm

Caldwell Classroom 1904 E. Chicago Ave, Caldwell, ID

> Curriculum Topics

Building Fences Stress Management

Mending Fences Mental Health Awareness

> **Upholding Fences** Self-Care





A Teens Reaching Youth opportunity!

Register Here: https://4h.zsuite.org/exte rnal-eventregistration/22279



Teens (grades 8-12) and adult coaches will be trained in the Building Fences Curriculum.

After training, teams will be given a teaching kit and able to teach other 4-H and youth groups.

University of Idaho Extension



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