

June 24-27, 2024 University of Idaho Campus Moscow, Idaho

"The Idaho 4-H State Teen Association Convention is an opportunity for youth to experience college life, explore career opportunities and prepare for a lifetime of success with other Idaho teens."



About the Idaho 4-H State Teen Association Convention (STAC)

STAC is a four-day educational event focusing on post-secondary and career exploration. Both 4-H and non-4-H youth are welcomed to the University of Idaho campus in Moscow, ID to experience on-campus living while participating in a wide variety of activities including educational workshops, community and campus tours, service-learning projects, 4-H state teen association officer elections, and networking with peers from around the state.

Who Can Attend

- Youth who have completed the 8th 12th grades
- Certified Adult chaperones and Certified Collegiate Volunteers
- Both 4-H and Non-4-H Members

Activities

Delegates will take part in scheduled educational, recreational, and social events, with the opportunity during workshops and these events to explore campus and make new friends. They will live in a university dormitory, eat in the student dining hall, and participate in workshop tracks and campus/community tours, recreation activities, dances, service projects and assemblies.

Registration and Fees

- Registration includes lodging, meals, transportation, workshop and presenter fees, entertainment activities, access to conference digital photos, and conference t-shirt.
- Onsite check-in will take place in the University of Idaho Living Learning Center (LLC) complex lobby from 2 p.m. 3:30 p.m., June 24, 2024.

Registration Type	Dates	Price
Early Bird Registration (Idaho 4-H Members)	April 19-May 17	\$300.00
Early Bird Registration (non-4-H Members)	April 19-May 17	\$345.00
Regular Registration (Idaho 4-H Members)	May 18-June 1	\$350.00
Regular Registration (non-4-H Members)	May 18- June 1	\$395.00
2024 STAC Steering Committee	April 19-May 17	\$225.00
Chaperones	April 19- June 1	\$225.00
Idaho 4-H State Officers	April 19- May 17	\$225.00

ALL REGISTRATIONS MUST BE COMPLETED AND PAID BY JUNE 1, 2024.

No late registrations or payments will be accepted after June 1, 2024.



How to Register

For Idaho 4-H members: registration is available through ZSuite, please log into your household's account and click "Events" in the left-hand menu.

For Non-Idaho 4-H members: Enter the <u>ZSuite</u> registration portal by clicking "Sign Up" from the welcome screen and entering the required information, then click "Events" in the left-hand menu to find the STAC Conference Registration form.

IMPORTANT: When registering, be sure to mark your choices for Workshops and Tours. Workshop and Tour placement is first come, first served. Some workshops will fill quickly, so there is an advantage to registering early. If the workshop you selected is full, you will be assigned to a different workshop.

Payments

All payments are to be made online (Visa/Mastercard) through the ZSuite registration portal *Please do not make payments to the county offices. This event is set up to receive online payments only.*

Chaperones

If you are interested in becoming a Chaperone for this event, please review the Chaperone Position Description on the STAC Website prior to registering: https://www.uidaho.edu/extension/4h/events/stac

Collegiate Volunteers

- If you are interested in becoming a Certified Collegiate Volunteer for this event, please review the Position Description on the <u>STAC Website</u>.
- To apply for a Collegiate Volunteer position, please complete the online Application on the <u>STAC Website</u>. Notifications will be made to all Collegiate Volunteers on or before May 6th. Information about how to obtain certification and register for the event will be sent then.
- College Staff Application: Apply Now

Transportation

For all State and National 4-H Events, the University of Idaho 4-H Youth Development department will arrange public transportation – trains, buses, and/or commercial airlines – to and from events for youth living more than 50 miles from the event venue, as well as for all participants during the event. Because commercial chartered companies are held to higher safety standards with periodic inspections and approved health and safety policies, 4-H requires all youth and chaperones participating in 4-H State and National events to use the transportation arranged for each event. For more information, please review the 4-H Transportation Policy.

STAC delegates and chaperones living in the Moscow area (Incl. Troy, Deary, Bovill) where a bus is not routed through, may travel to the event following the provisions outlined under the "4-H Traveling in Non-Public Automobiles" section of the 4-H Transportation Policy.



Lodging

All Delegates will stay in the University of Idaho Living Learning Communities (LLC) residence halls. Delegates need to bring bedding (pillow, sleeping bag and/or sheets, blankets), towels, hand soap, hand towel, personal toiletry items, and bath rug. Rooms and roommates will be pre-assigned. Counties are grouped together by districts on floors/buildings. *Room changes are not allowed.* There is a \$75 charge for lost room keys and \$10 fee for lost key tags.

Food

Meal service is provided in the EATERY cafeteria. Delegates will be issued a meal card which must be presented at each meal. There is a \$20 charge for replacing lost meal cards.

Decorations

Delegates are encouraged to bring supplies to decorate your dormitory room doors to show your 4-H pride and help people get to know you. Please do not bring staples, tacks, nails, or any tape that leaves residue for hanging decorations.

4-H STAC Dress Code Guidelines

- Appearance should be neat and clean at all times (including breakfast!).
- Bare feet are not appropriate for any 4-H activity.
- Dress and appearance should not cause distraction or discomfort for you or other attendees the event.
- A jacket with a hood is recommended, as the weather in Moscow can be unpredictable.
- All STAC attendees (Delegates, Officers, Chaperones, Volunteers, and 4-H Professionals) must be appropriately dressed when not in the privacy of their assigned dormitory room.
- Event leaders, at their discretion, may ask individuals to return to the dormitory and change their clothes if dress code standards are not met.

Dress Code for Most Activities (except for the Clover Banquet and recreation night) is SMART CASUAL



Smart casual attire is a step up from basic casual, creating a slightly more polished appearance while remaining comfortable and functional. Smart casual is most likely the dress code you will see your teachers wearing at school.

 Tops: long- or short-sleeved shirts and blouses, polo shirts, and/or smart knitwear. T-shirts are allowed if they are plain colored or patterned (no logos or pictures, except the 2024 STAC t-shirt). All shirts should be clean, in good repair, and long enough to reach the top of your pants pockets.

(continued on the next page)

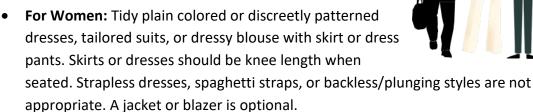




- Bottoms: Chinos, capri pants, khakis, trousers, pressed casual skirts/dresses
 (knee length or longer) and clean dark-wash jeans (preferably boot-cut or
 straight leg) are all acceptable. They should be well-fitted and in neutral colors.
 NO shorts, skinny jeans, leggings, or bleached/ripped/torn jeans.
- **Footwear:** Delegates will be doing a lot of walking, so clean sneakers are appropriate for STAC..
- Accessories: A leather belt, a classic watch, and simple jewelry are appropriate.
 Remember, leave your valuables at home!

Dress Code for the Clover Banquet is modified BUSINESS PROFESSIONAL

Business professional attire is sophisticated, pressed, and polished. It is a step below formal wear, but still conservative, traditional, and classy. Think more of what you would wear to be sworn into public office rather than what you would wear to prom.



- For Men: Collared button-down shirt, with dress pants or khakis. Shirts should be tucked into pants, with a leather belt. Pressed black jeans are also OK for this event. Ties (bolo ties are OK) are recommended. Sports coats are optional.
- **Footwear:** Close-toed dress shoes or boots with or without modest heels. Shoes should complement the outfit and should be clean and polished. No strappy sandals or stilettos, please (you will need to walk across campus and climb stairs to the dinner)!
- Accessories/Hair/Makeup: Accessories should be classy and compliment your outfit. Hair should be neatly combed and styled. Makeup should be conservative.

Dress Code for Travel to/from STAC and for the Rec Center is CASUAL



Casual attire is comfortable and relaxed. This clothing is only appropriate for travel to/from the event and during the Tuesday night activities at the campus recreation center. Athletic wear or jeans and t-shirts are ideal for these activities, however, please make sure that none of your casual attire is on the WHAT NOT TO WEAR list on the next page!





WHAT NOT TO WEAR at STAC

- Clothing that exposes undergarments, midriff, navel, back, or cleavage.
- Tank tops, t-shirts with sleeves cut off, or crop tops.
- Shorts with less than a 7" inseam.
- Any overly tight or extra-loose clothing that prevents youth from comfortably
 participating in physical activity OR that risks exposing undergarments or
 midriff/cleavage/plumber's crack when youth sit, stand, bend, or move. Hint: If
 you need to adjust your clothing after standing, sitting, or touching your toes, it
 is probably not appropriate for STAC.
- Clothing with written or illustrated messages/logos that are inappropriate for a positive youth development organization. These include:
 - Inappropriate brands/logos such as those for alcoholic beverages, drugs, tobacco/vaping, firearms/ammunition.
 - Any references to illegal or gang activities.
 - Clothing with profanity (or implied profanity).
- Head coverings may not be worn at any time youth are inside, with exceptions for religious or other pre-disclosed circumstances.
- Accessories that reasonably could be perceived or used as a weapon, including chains or spikes, are not allowed.
- Cut-offs, ripped jeans or other clothing with holes are not allowed.
- Pajamas or pajama pants are not allowed outside of your sleeping room.
- No flip flops.

Remember . . . if in doubt, leave it out (of your suitcase)!

Assembly Leaders

If you are interested in being an assembly leader, please indicate your desire on the registration form. Assembly helper positions include:

- 1) **US Pledge Leader** you will lead the group in the Pledge of Allegiance at one of the assemblies. This will include something like, "Will everyone rise and join me in reciting the Pledge of Allegiance....I pledge allegiance."
- 2) **4-H Pledge Leader** you will lead the group in the 4-H Pledge at one of the assemblies. This will include something like, "Please join me in the reciting of the 4-H Pledge....I pledge my head..."
- 3) **Thought/Inspiration Leader** share a positive thought for the day, quote poem, song, etc. to direct the delegates' thoughts towards learning/gaining something from the experiences of the day. The conference theme is "Pathway to Possibilities." You may share something that relates to the theme or something else that is meaningful to you.



4-H State Officers and State Teen Association Convention Steering Committee

If you would like to run for a 4-H State Office or are interested in being part of the State Teen Association Convention Steering Committee indicate your interest on the registration form.

4-H State Teen Association Positions available: President, Vice President, Secretary, Media Manager, and Activities Director (one-year term). Officers need to be 4-H members. For more information, contact Gail Silkwood at silkwood@uidaho.edu **Steering Committee District Representative Positions available (4)**: Northern, Southern, Central and Eastern (one-year term).

Steering Committee Youth Positions possibly (4) available depending on the term of the current youth: Northern, Southern, Central and Eastern (up to two-year term).

TENTATIVE 2024 STATE TEEN ASSOCIATION CONFERENCE SCHEDULE

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2:00 PM	Buses Arrive & Check-In	LLC Courtyard
3:30 PM	Get to Know You Activities	LLC Courtyard
3:30 PM	Adult Orientation	LLC 7 Classroom
4:15 PM	District Meetings	LLC Lobby Spaces
4:45 PM	Depart for Campus Tours	LLC Courtyard
5:15 PM	UI Opportunities Fair/Vandal Store	Pitman Center 2 nd Floor
6:00 PM	Dinner	Pitman Center International Ballroom
6:45 PM	Opening Assembly	Pitman Center International Ballroom
7:30 PM	Pictures	IRIC Steps
8:00 PM	Welcome Social & Games	LLC Courtyard
8:30 PM	Building Meetings	LLC Lobbies
9:00 PM	Unpack, Decorate Doors, Settle in	LLC Rooms
10:00 PM	Lights out	LLC Rooms
10:15 PM	Steering Committee Debrief	LLC 7 Classroom

TUESDAY JUNE 25

7:00 AM	Breakfast	The Eatery
8:00 AM	District Meetings	LLC Lobbies
9:00 AM	District Competitions	The Tower Lawn
9:45 AM	Depart to Session 1	LLC Courtyard
10:00 AM	Session #1 (10:00am - 11:45am)	Various Campus Locations
12:00 PM	Lunch (12:15pm - 1:00pm)	The Eatery
1:00 PM	Depart to Session 2	LLC Courtyard
1:15 PM	Session #2 (1:15 pm - 3:00 pm)	Various Campus Locations
3:15 PM	Service Project (3:15 pm - 5:00 pm 60 min)	Vandal Ballroom
3:15 PM	Candidates Get Ready (4 pm interviews)	LLC #7 Classroom
5:15 PM	Officer Introduction Videos	International Ballroom
5:30 PM	Dinner	International Ballroom
6:00 PM	Indoor Games (6:00 - 7:00 pm)	Vandal Ballroom/Vandal Store Visits
7:00 PM	Keynote Speaker	International Ballroom





	8:15 PM 8:30 PM 10:00 PM 10:00 PM	Building Meetings Late Night at the Rec (8:30 - 10:00 pm) Depart for LLC's Steering Committee Meeting	LLCs Student Recreation Center LLC #7 Classroom		
	10:30 PM	Lights Out	LLC #7 Classicolli		
WEDN	ESDAY JUNE 26				
	7:00 AM	Breakfast (7:00 - 8:00)	The Eatery		
	7:30 AM	Banquet Host Meeting	Eatery Quiet Room		
	8:15 AM	District Meetings	Pitman Center		
	9:15 AM	Voting Assembly	Pitman Center -International Ballroom		
	9:45 AM	Depart for Session 3	Pitman Center		
	10:00 AM	Session #3 (10:00 - 11:45)	Various Campus Locations		
	12:00 PM	Lunch (12:00 - 1:00 pm)	The Eatery		
	1:00 PM	Depart for Tours	LLC Courtyard		
	1:15 PM	Career Tours (1:15 pm - 4:15 pm)			
	4:30 PM	Return to LLCs, Clover Banquet Prep	LLCs		
	6:15 PM	Depart for Clover Banquet	LLC Courtyard		
	6:30 PM	Clover Banquet	Pitman Center - International Ballroom		
	8:30 PM	Return to LLC's			
	9:00 PM	Clover Dance	Vandal Ballroom		
	10:30 PM	Building Meetings	LLCs		
	11:00 PM	Return to Rooms	LLCs		
	11:00 PM	Steering Committee	LLC #7 Classroom		
	11:30 PM	Lights Out	LLCs		
THURS	DAY JUNE 27				
	7:45 AM	Breakfast (7:45 AM - 8:30 AM)	Pitman Center International Ballroom		
	7:30 AM	New Officer Meeting	Pitman Center Chief's Room		
	9:00 AM	District Meetings	Pitman		
	9:45 AM	Closing Assembly	International Ballroom		
	10:45 AM	Pack-Up/Clean-Out	LLCs		
	11:30 AM	Lunch	True Burger?		
	12:00 PM	Check-Out & Load Luggage	Paradise Creek Street/LLC Courtyard		
	12:30 PM	Busses Depart	LLC Courtyard		

University of Idaho 4-H Youth Development faculty and staff, 4-H State Officers and the Conference Steering Committee plan and conduct the State Teen Association Conference in accordance with University of Idaho Youth Conference policies. Delegates are expected to adhere to these policies. 4-H Members sign an electronic code of conduct upon enrollment for the 4-H program.

Parents/guardians of Non-4-H members will be required to complete and sign a consent form, which provides for adherence to certain polices and health requirements.



2024 University of Idaho Youth Conference Policies

The University of Idaho 4-H Youth Development department wants your week at the State Teen Association Convention to be filled with exciting experiences, new friendships, and fun. To help make this happen, each participant is expected to be considerate of others, participate fully in the Conference programs, and observe the following rules.

Assemblies & Workshops

- Attendance at all scheduled events is required. Be prompt in attendance and courteous to all instructors and speakers.
- Workshops are assigned according to choices given on your registration form and available space.
- Name badges are important for gaining admittance to Idaho 4-H State Teen
 Association Convention events, for identification and to help you get acquainted.
 Wear your badge at all times.

Dormitory & Meals

- Room assignments made at dorm registration must be kept. Counties are grouped together by districts on floors and buildings. Changes are not allowed (in an emergency, we must know where you are).
- Leave valuables at home. We have no way to guarantee their security. Even locked dorm rooms do not always prevent losses. (There is a \$75 charge for lost room keys and a \$10 fee for lost key tags.)
- Respect for the privacy of others requires that members of the opposite sex are only allowed in public areas on the same floor. No delegate will be allowed in the rooms of the opposite sex.
- Lounges are available in each building for visiting.
- The buildings will be locked one-half hour after the close of the evening activity. In your room and quiet time begins, please refer to the schedule for lights out times. After lights out, use phones for emergencies only.
- The removal of window screens or throwing any object out of the dorm windows is strictly forbidden.
- ALL meals are provided during this conference. <u>Delegates are not permitted to order on/off campus dining to be delivered to the dorms during this event</u>. If there are mealtime concerns, please contact the event coordinators prior to the conference to request accommodation.
- At no time should any youth be alone on campus, youth should engage in the "buddy system" when traveling to workshops, activities, meals or other STAC approved events. Youth should not enter any UI buildings except for attending STAC workshops, activities, meals or other STAC approved events.
- Leaving campus at any time during this event is prohibited without prior arrangements made by the event coordinators. This includes traveling to restaurants, stores, malls, etc. or leaving the conference before the close of the conference for any reason.

General



- Idaho 4-H State Teen Association Convention delegate may ride only in cars driven by Extension staff or chaperones. Only campus or Moscow buildings scheduled for 4-H events are to be entered and then only at times designated on the program.
- Possession of tobacco, vape products, use of alcoholic beverages, illegal drugs, firearms, or explosives of any kind is prohibited on campus and anytime during Idaho 4-H State Teen Association Convention.
- Cost of damage or theft of any university property will be billed to the individual responsible (or delegate's parents) or to the group with which the delegate is associated.
- Permission to leave Idaho 4-H State Teen Association Convention and/or campus at any time must be secured in advance from the Extension staff or chaperone in charge of the county delegation who will then inform the 4-H Youth Development Office.
- Minor problems will be handled by the Extension staff or chaperone in charge.

Event Nurse/Health Information

- Report illness immediately to an adult chaperone. Medical staff are available to
 provide immediate First Aid assistance on site. In case of emergency, parents will be
 notified, and delegates will be taken to Moscow Family Medicine or Gritman
 Memorial Medical Center, Moscow.
- All medications must be turned into the event nurse upon arrival. This includes
 prescription and over-the-counter medications. In the event of a medical
 emergency, we need to know what medications have and have not been taken.
- Emergency rescue medications such as inhalers and EpiPens do not need to be turned it, but the event staff should be aware that you carry these devices in case assistance needs to be given in an emergency.

These policies are intended to help provide for the health, safety, and social well-being of everyone attending the Idaho 4H State Teen Association Convention (STAC). Should a situation arise not covered by this list, the STAC Steering Committee will handle it consistent with UI Extension policies.

Idaho 4-H Youth Development Office

University of Idaho
Mary E. Forney Hall
875 Perimeter Drive, MS3015
Moscow, ID 83844-3015
208-885-7700(8:00 am-5:00 pm) 0R 208-885-6571(24 hours, Dorm Office)
Teresa Tverdy, 4-H Logistics, 208-308-6558
Mike Knutz, STAC Steering Committee Chair; Cell – 971-241-7775



2024 STAC (State Teen Association Convention) Workshops

Forestry 101 - (Max. 25 participants per session)

Learn about the basics of forestry in this hands-on, outdoor workshop! In this workshop, we will identify and discuss the commercial conifer tree species of Idaho, discuss tree health and selection with a fun tree-judging activity, and learn about keeping our forests healthy and sustainable by practicing some forestry management skills and techniques.

Tuesday, June 25, 1:15pm-3pm

Wednesday, June 26, 10am-11:45am

Quick breads (Max. 20 participants per session)

Grab & go food! Youth will get to explore a variety of quick bread options and see how easy they are to make and enjoy.

Tuesday, June 25, 10am-11:45am

Tuesday, June 25, 1:15pm-3pm

IDRONE 4-H (Max. 30 participants per session)

Students will build their own drones from scratch, learn coding to control drones, and then fly it safely during the 2024 4-H STAC.

Tuesday, June 25, 10am-11:45am

Intentional Leadership (Max. 30 participants per session)

How can youth be intentional leaders? Participate in this interactive session to define what leadership means to you and how to practice the values you identify as important to be a leader. Participants will study various leadership statements to define, prioritize, and share insights to distinguish leadership characteristics. You will begin crafting your own individual leadership statements to use as guiding principles in your leadership journey.

Wednesday, June 26, 10am-11:45am

Engineering for Disasters (Max 20 participants per session)

Natural disasters occur every day. It is an engineer's job to plan, design, and find solutions for when they occur. This workshop will look at look at the effects of a seismic event on structures and much more. Wednesday, June 26, 10am-11:45am

Pack a Punch with PowerPoint: Tips and Technique (Max. 20 participants per session)

Learn how to make great PowerPoint presentations and gain new design skills. Learn best practices on how to create PowerPoint presentations that really pack a punch! In this workshop you will learn how to pick the best templates and how to include videos, animations, and other interactive features. Wednesday, June 26, 10am-11:45am



Using Lunar Habitats to Understand Our Own (Max. 20 participants per session)

One of the best ways to understand a complex concept like habitats is to have participants build one of their own. In this session we will use free NASA resources to create Lunar Habitats using what we know about habitats here on Earth and the needs of those living in them.

Wednesday, June 26, 10am-11:45am

Heart function and anatomy (Max. 40 participants per session)

Will talk about basic heart anatomy and function, blood flow, heart rate, disease, and allow youth to dissect hearts from various livestock species if they are willing.

Wednesday, June 26, 10am-11:45am

Spotlight Your Skills (Max 15 participants per session)

How to highlight your 4-H experience for college, scholarship, and job applications. Workshop will cover the steps youth can take in the months prior to graduation to gather the information needed to be best prepared for applying for the next chapter of their chosen path.

Wednesday, June 26, 10am-11:45am

Fun with LEDs (Max. 20 participants per session)

Students will learn a little bit about Light Emitting Diodes (LEDs), and how to solder - they will build a small circuit that flashes a pair of LEDs and can be worn as a lapel pin.

Tuesday, June 25, 1:15pm-3:00pm

Wednesday, June 26, 10am-11:45am

Learn STEM While Teaching STEM to Kids (Max. 30 participants per session)

STEM skills such as problem-solving, critical thinking, collaboration and communication are in high demand by employers, whether you work in STEM or another field. A great way to master these skills is to teach them! STEM Ambassadors in the Think Make Create (TMC) Works program are teens and young adults who lead kids through fun, hands-on STEM activities. You do not have to be a STEM expert to participate because teaching and learning STEM is all about asking questions, trying new things, and finding your own answers. Attend this session to learn more about the TMC Works program, find out how to become a STEM Ambassador, do a hands-on STEM activity and get excited to share your STEM knowledge and skills with others.

Wednesday, June 26, 10am-11:45am

Wonders of Water: Hands-on Water Activities (Max. 25 participants per session)

Using activities from the 4-H Wildlife and Water Habitats Curriculum and Project WET, Extension's Water Outreach Interns, Skyler Bollar and maybe Siara Prpich, will provide a fun, engaging, hands-on investigation into watershed science. The workshop will conclude with youth trying out water quality monitoring techniques used by field scientists around the world. This program will highlight the sorts of water-related jobs/careers that are available.

Tuesday, June 25, 10am-11:45am

Tuesday, June 25, 1:15pm-3pm



Decoding DNA: Unraveling Genetic Mysteries in Forensics and Agriculture (Max. 30 participants per session)

This workshop will introduce students to basic concepts in animal genetics, and how we use genetics to solve real-life problems. We will begin with a short, interactive discussion about genetics and the basics of DNA as the building blocks for life. We will then extract DNA and learn how to determine the genetic makeup of an organism. Students will break into groups to solve a DNA "mystery" based on a real-life bighorn sheep poaching case. Lastly, we will regroup and discuss the future of genetics including the science behind GMOs and gene editing in animals.

Tuesday, June 25, 10am-11:45am

Tuesday, June 25, 1:15pm-3pm

Native American Art and Culture Appreciation (Max. 25 participants per session)

In this workshop Danielle Scott, U of I Extension Educator for the Nimiipuu (Nez Perce) Reservation will provide information about Native American Art and Culture. Participants will get to see different art pieces, learn some Nez Perce Language, and get to do a hands-on art activity.

Tuesday, June 25, 10am-11:45am

Let's Plant for Pollinators (Max. 20 participants per session)

This workshop will include a brief overview of pollinators and how they contribute to agriculture. We will then transplant pollinator plants and start some flowers from seeds.

Tuesday, June 25, 1:15pm-3pm

Textile Surface Design (Max. 12 participants per session)

Learn to alter the surface of a fabric through printing, dyeing and fabric manipulation in this hands-on workshop.

Tuesday, June 25, 1:15pm-3pm

Finding and Funding Your Why (Max. 34 participants per session)

"Life always seems to get in the way of our dreams! In this very interactive workshop, we play with the "what ifs," learn how to get to your goals, turn spending and saving into a fun game, and throw some future planning into the mix for good measure. I know... it's a tall order but we do it. "Finding and Funding Your Why" provides a fun guide to getting where you want to go. The class is very low-key, fun, and very interactive. You will leave with tools and ideas that will change how you think about your finances. PLUS... we will get ""competitively crafty"" with a Paint Your Own ""Saving for College"" Cow Bank (yours to keep) and a contest for the ""most creative cow!"" The winner takes a prize home!" Tuesday, June 25, 1:15pm-3pm

Steaks and Cheese (Max. 20 participants per session)

Information about meat cookery and tenderization methods will be covered in the first part of the workshop. Hands-on activity includes students making a functional meat marinade.

The second part will cover dairy products such as butter, cheese, and potentially ice cream. Hands-on activities include students making cheese (cottage/mozzarella) and/or butter. Depending on time, some process (i.e., mozzarella) may be a demonstration for the group. "

Tuesday, June 25, 1:15pm-3pm



Livestock Veterinary Medicine (Max. 12 participants per session)

General veterinary medicine for livestock focused on cattle. A life-sized fiberglass model cow will be used to demonstrate and practice physical exam (where and how to take a temperature, heart rate, respiratory rate), where to administer injections per Beef Quality Assurance recommendations, how to use a weigh tape, and evaluate milk for mastitis. Students will then move to an indoor classroom and use microscopes to examine prepared bovine fecal samples on slides, discuss appropriate methods of parasite control in livestock, and discuss veterinary topics as they relate to 4H and careers in veterinary medicine.

Tuesday, June 25, 1:15pm-3pm

Secrets to Success: Learning to Move Through Any Interview (Max. 20 participants per session)

We aren't moving through the decades, but we are moving through our time together! Join the Idaho 4-H State Officer team to explore and move through preparing for a successful interview in any topic! Tuesday, June 25, 10am-11:45am

Natural Resources through the Decades (Max. 50 participants per session)

Come explore the history of Forestry in Natural Resources. From how Forestry was once conducted to how the processes are done now. This will also include the several other programs in the College of Natural Resources and how they are intertwined. Our other programs include Fire Ecology, Wildlife, Fisheries, Rangland, and Forest and Sustainable Products.

Tuesday, June 25, 10am-11:45am

Painting with Metallic Watercolors (Max. 25 participants per session)

Students will be able to learn about metallic watercolors. They will explore with materials to create their own unique work of art.

Tuesday, June 25, 10am-11:45am

Livestock & Meats Judging (Max. 25 participants per session) Youth will learn the basics of livestock judging and meat judging through hands-on experience at the Beef Center and Vandal Brand Meats. Tuesday, June 25, 10am-11:45am

Exploring the Power of Data Science (Max. 24 participants per session)

This workshop aims to introduce youth to the exciting possibility of using data science to better understand patterns and answer questions related to animal science. Participants will learn how data analysis techniques can be applied to understand different aspects of animal science patterns. Through hands-on activities and discussions, attendees will gain insights and practical skills, such as data analysis, and data visualization, that data-driven animal science can be applied to both research and on-farm practices and is a growing career path.

Tuesday, June 25, 10am-11:45am



4-H Service Projects

This year's 4-H Service Project Descriptions are still being developed. Descriptions will be sent to delegates at a later date.

Career and Community Tour Options

- Appaloosa Museum
- WSU Vet School
- Schweitzer Engineering Laboratories, Pullman
- WSU Medical
- WSU First responders
- WSU Wildlife
- WSU Science
- UI Dairy and WSU Ferdinands
- UI Animal Farms
- Moscow Medical/Fire
- Moscow Law/Police

