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"Put the oxygen mask on yourself first then help the child" is a phrase in every flight safety demonstration that we never pay attention to. However, this message is more relevant than ever during a global crisis like now. Parents who are juggling work and children should be reminded that it is ok to take a breath and reorient yourself first then attend children's learning. This crisis also presents an opportunity to re-imagine education – learning at home does not have to be and should not be exactly like learning in schools, especially for young children. Now is a good time to explore problem-based learning and life skills learning.

The following resources touch on many subject areas for children from pre-K to 12th grade. You will find coping strategies, activities, virtual tours, visual/audiobooks, and curriculums.

Tips for working at home with kids:

- Suddenly homeschooling: k-12 resources and guidance
- Coronavirus Triple Duty: Working, Parenting, And Teaching From Home (podcast)
- Working at home during the coronavirus crisis with kids underfoot
- 21 ways to keep kids busy during these social-distancing times
- Tips from parents who have been homeschooling their children

Fun learning activities to do at home:

- Fun activities to do with children Many art activities
- <u>10 Activities To Do At Home With The Kids</u> Here are some arts and STEM activity you can do with children
- <u>Learning resources for kids home from school</u> This set has many good activities and time/goal management tools
- <u>Ever Clever Mom</u> This site provides many excellent unsupervised activities that children of various ages can do mostly on their own
- Fun and Learning for Parents and Children: An Activities Handbook by ACF

Multidisciplinary online curriculum and activities

- Brain pop
- <u>Scholastic.</u> Daily learning activity/curriculum for children from pre-k to 9th grade
- <u>E-spark</u>. Online learning activities for literacy and math
- <u>Learning heroes</u> A home learning resources search engine for children K-12

Literacy-focused resources

- <u>Florida Center for Reading Research</u> Many literacy/language activities you can do with young children
- <u>Reading Rosie</u> Home literacy resources
- Reading Rockets
- Read write think

Children's books

- <u>Harry Potter at Home</u>. Harry Potter themed games and audiobooks.
- <u>Children's book read aloud</u>
- <u>Storyline Online</u>

STEM-focused resources

- National Geographic Kids fun nature videos for children to explore at home
- <u>Citizen of Science Project</u>
- NASA Kids' Club
- STEM teaching tools
- <u>A fun youtube channel with many science demonstrations you can do at home</u>
- <u>Pbs Learning media</u> Many educational videos on diverse subject areas
- Bill Nye the science guy
- Great minds online curriculum
- <u>Project learning tree</u> Learning about forestry-related topics, many hands-on materials for nature-based learning activity.
- Bedtime Math
- <u>James Dyson Foundation</u> Easy and fun engineering experiment you can do with children at home.
- <u>Prodigy</u> math curriculum

Virtual tours

- <u>THIS</u> website offers more than 30 virtual tours that you can do with children at home, including museums, cultures, and national parks
- NOAA virtual dive tour

Motor skills and physical focused

 <u>Kids OP help</u> The host of this Youtube channel is a pediatric occupational therapist that specializes in feeding. Here you will learn all about your kiddo's development, get recommendations for educational toys/products, and learn fun and easy activities to try at home to foster your child's growth and development.