



wash
hands frequently
with soap and
water



cover
your cough and
sneeze with elbow
or tissue



stay
home if you feel sick

seek
medical care if symptoms
become worse than
expected or you have a
fever over 101.5° F



Spread the
WORD not the



Resources:

Student Health Clinic | 208-885-6693

Vandal Health Education | www.uidaho.edu/VandalHealth

cdc.gov | flu.gov