

Vandalizing the Kitchen

Parmesan Meatballs

1 lb. Turkey burger
1 lb. Turkey sausage
1 cup Breadcrumbs
1 piece Bread torn into pieces
1/2 cup Parmesan
2 Tbsp. Chopped onion
2 tsp. salt
1/4 tsp. Pepper
2 eggs
2 tsp. Minced garlic

Mix all together in a bowl

Bake at 425°F for 25 minutes

Tomato Sauce

1 can Pizza sauce
1 can Tomato Paste
1 Tbsp. Brown sugar
1 Tbsp. Italian Seasoning
2 tsp. Minced Garlic
2 tsp. Onion Powder
Salt and pepper to taste
little bit of water

Mix in a medium pot. Let simmer over the stovetop until a slight boil

Flatbread Pizza

1 piece flatbread
Pizza sauce
Mozzarella cheese
Veggie and/or meat
Toppings

Bake at 350°F for 8-10 minutes or until cheese is melted and bubbling.